



Welcome to the Food of France

Let's talk about France's culture and specifically the food which has originated from France.

**What do you
know already
about France?**





Basic facts!

1. France is in Europe
2. The capital is Paris
3. It is the largest country in the European Union by area
4. It is the fourth largest country in Europe

France and its' delights!

As most of may know... France is known for being the home of the bakery! Here are some examples.

- Baguette
- Macaron
- Pana Chocolate
- Mille Feuille (we will come on to this sweet treat shortly!)



Culture of France

As mentioned, we already know France is home to the bakery, however, why?



Due to France's rich culinary history and tradition, France is home to the bakery. The forever tradition of baking which started from ancient civilians making flatbread has evolved to become not only a form of art but also a social aspect.



The Boulangerie, or bakery, is a social institution that plays a huge role in the people of France's lives. French bakeries are not just a place to buy food, but they reflect the culture, heritage, and craftsmanship of France.



Some people will go to the bakery every day and bread is eaten with every meal!

Any questions?

Lets' try to make the Mille Feuille!

- Ingredients:
- Whole milk
- Vanilla bean
- Egg
- Sugar
- Cornstarch
- Unsalted butter
- Puff pastry
- Powdered sugar
- Vanilla
- Milk
- Cocoa powder
- Whipping cream

