



Portugal

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**Portuguese way of
saying it**

**olá, como vai você hoje, vou mostrar
essa apresentação de Portugal.**

**English way of saying
it**

**Hello, how are you today, I'm
going to show you this
presentation from Portugal.**

Population of Portugal

What is the population in Portugal?

The estimated population of Portugal in early 2026 is approximately 10.4 million to 10.75 million people, with recent growth driven by a record influx of over 1.5 million foreign residents , making up roughly 15% of the population. The country has median age of 47.3 years and is facing an aging demographic with a low fertility rate.

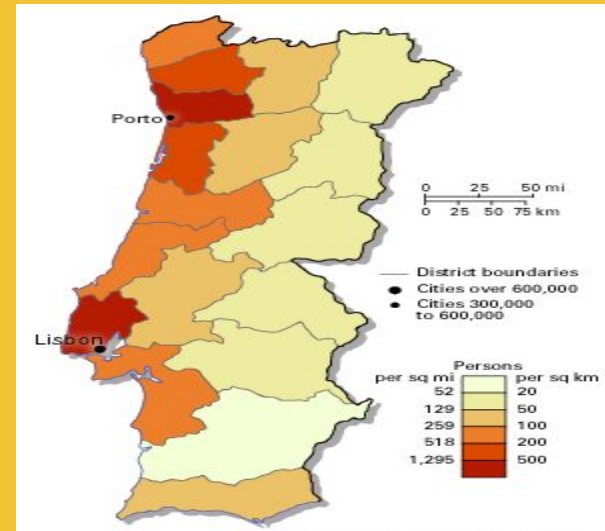
Total Population: ~10.4–10.75 million

Population Growth Rate: Approximately +1.03% to 1.3%

Urban Population: ~66.9%

Density: 113–116 people per km²

Foreign Residents: Record 1.5 million (approx. 15% of total)



The Food of Portugal

Traditional food of Portugal.

Traditional Portuguese food is a hearty, Atlantic- influenced cuisine centered on. Fresh seafood, pork , and olive oil, with iconic dishes like (bacalhau(salt cod), caldo verde soup ,and pasteis de nata custard tarts. Key specialties include *francesinha* sandwiches, octopus (*polvo*), and charcoal-grilled chicken (*frango piri- piri*).



Traditions of Portugal

Festivals, food, music, and customs

Portuguese traditions are a vibrant blend of Roman Catholic devotion, deep-rooted folklore, and lively social gatherings, often centered on food, music, and community. Key elements include the melancholic Fado music, the iconic azulejos (glazed tiles), summer street festivals, and a strong café culture.



Famous music of Portugal

<https://www.youtube.com/watch?v=sFjeMZomano&t=25>

[Best Fado of 2025 - 1 Hour of Fado & Beautiful Portugal | Soul ...](#)

YouTube - Fado Collective

31 Oct 2025

[Fado Português Playlist | 1+ Hour of Lisbon & Portuguese ...](#)

YouTube - Fado Collective

23 Jul 2025

<https://www.youtube.com/watch?v=I4L96VBDFik>

<https://www.youtube.com/watch?v=LqkaK6MOZi8>

[Fado Português Playlist | 1+ Hour of Lisbon & Portuguese ...](#)

www.youtube.com > watch

Where does the language portuguese come from.

Portuguese comes from Vulgar Latin, the everyday Latin spoken by Roman soldiers and settlers who arrived in the Iberian Peninsula around 218 BC. After the Roman Empire declined, the language continued to develop in the northwestern part of the peninsula, especially in Galicia and northern Portugal. Over time it became known as Galician-Portuguese, and by the 13th century it had gradually evolved into Portuguese as its own distinct language.



Where are famous places in Portugal

Famous places in Portugal include the vibrant capital Lisbon (Alfama, Belém Tower), the riverside city of Porto, and the fairy-tale palaces of Sintra. Key coastal areas include the stunning beaches of the Algarve and Cascais, while historical, inland, and island highlights include Évora, the Douro Valley, and Madeira

Famous places in portugal pictures



What is the climate like in Portugal

Portugal has one of the warmest climates in Europe and is known for its Mediterranean weather. Summers, especially from June to August, are usually hot and dry, with temperatures often reaching between 25°C and 35°C. Winters are generally mild but bring more rain. The northern part of the country is usually cooler and wetter, while the Algarve in the south tends to be warmer, drier, and gets more sunshine throughout the year.

How to Prepare for PORTUGAL'S WEATHER

SPRING

Temperatures:
60s to 70s F

Prepare for lots
of sunshine
and warm days!

Pack light clothing
and lots of layers.

SUMMER

Temperatures:
70s to 80s F

Pack sundresses,
shorts, sandals,
and bathing
suits for
the beach.

FALL

Temperatures:
60s to 70s F

Pleasant
weather for
exploring.

Pack layers,
such as
T-shirts and
jackets, for
shifts in
temperature.

WINTER

Temperatures:
30s to 60s F

Winter is mild but
unpredictable with
some days sunny
and others rainy.

Bring long pants,
long-sleeved shirts,
closed-toe shoes, a jacket,
and umbrella.

What kind of clothing do they wear

Portuguese clothing style is usually casual but still neat and stylish. People often choose comfortable and practical clothes rather than following flashy trends. Everyday outfits often include jeans, cotton shirts, blouses, trainers, and light jackets. Because the weather can change during the day, especially in coastal areas where it can feel humid or breezy, wearing layers is very common. In warmer inland and rural areas, people usually wear lighter clothes that are better for the heat.

Portuguese way
of saying it

obrigado por olhar minha
apresentação espero que tenham
gostado tchau

English way of
saying it

thank you for looking at
my presentation hope
you enjoyed it bye